



No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block,  
Jayanagar, Bengaluru,  
Karnataka 560070

### NAAC REPORT OF CRITERIA- 1



#### Key Indicators

***Metric 1.3.1 Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability in transacting the Curriculum.***

**Institutional list of activities conducted and documents on importance of integrating, addressing the issues such as gender equality, environmental sustainability, human values, professional ethics as a part of educational philosophy aligns with overall mission and vision. Below workshops, seminars, guest lecturers etc. conducted for students for experimental learning on these cross cutting issues.**

**1.3.1: Curriculum Enrichment**  
**List of activities of the curriculum enrichment**

<b>PROGRAMME</b>	<b>COURSES</b>	<b>CROSS-CUTTING ISSUES</b>	<b>EVENT'S DATE</b>
MBA, BBA, BCA, B.COM	Gandhi Freedom Struggle	HISTORICAL AWARENESS	15-10-2019
MBA, BBA, BCA, B.COM	Should women get reservations in jobs and educational institutions?	GENDER	7-08-2019
MBA, BBA, BCA, B.COM	International Women's Day	GENDER	07-03-2020
BCA	Cyber security webinar	ETHICS & AWARENESS	04-05-2020
MBA, BBA, BCA, B.COM	Self-defense training programme	GENDER	27-10-2020
MBA	Old age home visit	HUMAN VALUES	11-11-2020
MBA, BBA, BCA, B.COM	National Girl child day	GENDER	24-01-2021
BCA	Workshop on cyber security	ETHICS & AWARENESS	21-07-2021
MBA	Blankets and cloths distribution	HUMAN VALUES	18-12-2022
MBA	Orphanage visit	HUMAN VALUES	26-08-2022
MBA, BBA, BCA, B.COM	Freedom at Mid-Night	CONSTITUTIONAL AWARENESS	14-09-2023
MBA, BBA, BCA, B.COM	Rastriya Ekta Divas	HISTORICAL AWARENESS	31-12-2023
MBA, BBA, BCA, B.COM	Womens day celebration	GENDER	08-03-2024
B.COM	Special Lecture on M. Devi's "Motherof 1084	GENDER	30-06-2024
MBA, BBA, BCA, B.COM	Hindi Divas	AWARENESS	14-09-2024

MBA, BBA, BCA, B.COM	Menstrual awareness programme	GENDER AND HEALTH	06-11-2023
MBA, BBA, BCA, B.COM	Constitution Day	CONSTITUTIONAL AWARENESS	26-11-2023
MBA, BBA, BCA, B.COM	Blood camp	HUMAN VALUES	14-12-2023
B.Com and BBA	Is Digital connectedness being Good/ bad	ETHICS & AWARENESS	
MBA, BBA, BCA, B.COM	NAMO MATADATA SAMMELAN-2024 Voter awareness programme	CONSTITUTIONAL AWARENESS	25-01-2024
MBA, BBA, BCA, B.COM	National Science Day	ETHICS & AWARENESS	28-02-2024
MBA, BBA, BCA, B.COM	Mera pehla vote	AWARENESS	5.03.2024
MBA, BBA, BCA, B.COM	Dr. D R Ambedkar Jayathi	HISTORICAL AWARENESS	16.04.2024
MBA, BBA, BCA, B.COM	Blood donation camp	HUMAN VALUES	13.05.2024
MBA, BBA, BCA, B.COM	World environment day	ENVIRONMENT AND SUSTAINABILITY	5-06-2024





No. 27/2, 33<sup>rd</sup> Cross, 2<sup>nd</sup> Main Road, 7<sup>th</sup> Block, Jayanagara, Bengaluru, Karnataka 560070

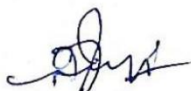
## REPORT ON BLOOD DONATION CAMP


NSS Unit

14.12.2023

The NSS unit of City College of Commerce, Management, and computer applications organized a blood donation camp in collaboration with 'RED CROSS' Bangalore, on 14<sup>TH</sup> December 2023. The camp began at 10.00 a.m. with a short inaugural function, where in Red Cross and his TEN member team was given a floral welcome. Dr. Reshma expressed her gratitude to the NSS unit of the City College for its continuous endeavour in this regard. She also stressed on the growing need of blood in the state and commended the young volunteers for their noble act. The Camp was inaugurated by Dr Ranganathan Dean of City College, Jayanagar, Dr.Puttaraju P, Principal of City College, Jayanagar & NSS Programme Officer & Dr. Sanganaouda, Assistant Prof of Kannada. The students of 80 volunteers came forward to donate blood during the camp which included teaching & non-teaching staff. The blood donors were given Juices, banana, Biscuits and frooti after donating the blood in order to reenergize themselves. The blood donors were provided with a blood donation certificate card by Red Cross. The Red Cross team was provided with lunch and the camp concluded at around 3.00 P.M.



  
ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ  
ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ  
ಸಿಟಿ ಕಾಲೇಜ್, ಜಯನಗರ  
ಬೆಂಗಳೂರು - 560070

  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore





No. 27/2, 33<sup>rd</sup> Cross, 2<sup>nd</sup> Main Road, 7<sup>th</sup> Block, Jayanagara, Bengaluru, Karnataka 560070

### MERA PEHLA VOTE – INITIATIVE FROM AICTE

NSS UNIT

5.3.2024

NSS Unit of City College Jayanagar took part in an Voting Awareness Program Initiated by AICTE to participate in any of the two activities(MANDATORY) in the website my gov.in. So, we decided to participate in PLEDGE and QUIZ also stepped ahead and asked all the new voters to enroll themselves online through VOTER HELPLINE app and completed the registration process. Each student got certificate by the end of the activity.



*[Signature]*  
ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ  
ವಿನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ  
ಸಿಟಿ ಕಾಲೇಜ್, ಜಯನಗರ  
ಬೆಂಗಳೂರು - 560070

*[Signature]*  
Principal  
CITY COLLEGE  
Jayanagara, Bengaluru-70



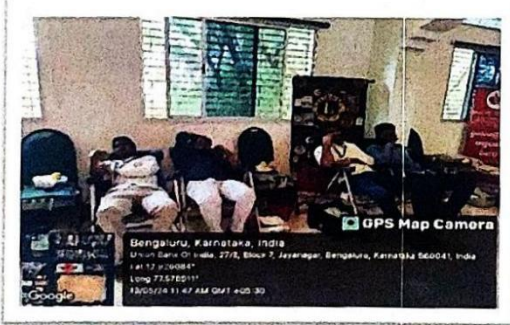


No. 27/2, 33<sup>rd</sup> Cross, 2<sup>nd</sup> Main Road, 7<sup>th</sup> Block, Jayanagara, Bengaluru, Karnataka 560070

### REPORT ON BLOOD DONATION CAMP

NSS Unit  
13.5.2024

The NSS unit of City College of Commerce, Management, and computer applications organized a blood donation camp in collaboration with 'LIONS CLUB, Bangalore South' on 13<sup>TH</sup> May 2024. The camp began at 11.00 a.m. with a short inaugural function, where in Lions Club, Bangalore South and their team was given a floral welcome. They expressed their gratitude to the NSS unit of the City College for its continuous endeavour in this regard. The Camp was inaugurated by Dr.Puttaraju P, Principal of City College, Jayanagar & NSS Programme Officer & Dr. Sanganagouda, Assistant Prof of Department of Kannada. The students of 32 volunteers came forward to donate blood during the camp which included teaching & non-teaching staff. The blood donors were given Juices, banana, Biscuits and frooti after donating the blood in order to reenergize themselves. The blood donors were provided with a blood donation certificate by Lions Club, Bangalore South.



*[Signature]*  
ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ  
ವಿನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ  
ಸಿಟಿ ಕಾಲೇಜ್, ಜಯನಗರ  
ಬೆಂಗಳೂರು - ೫೬೦೦೭೦

*[Signature]*  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore 560070

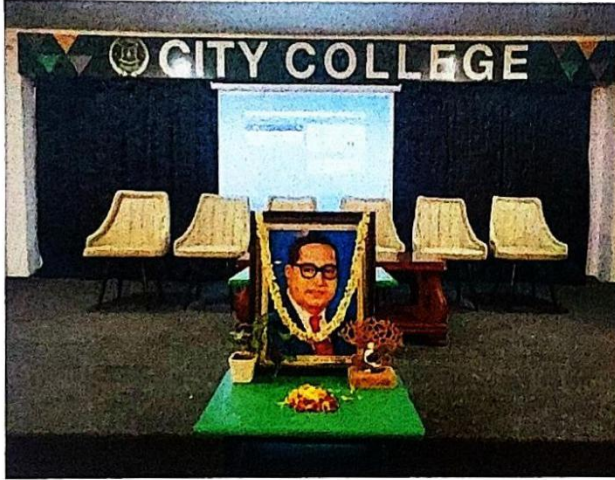



## ಅಂಚೆಡ್ಕರ್ ಅವರ ಗಿಡಿಗಿನ ಜಯಂತಿ ಆಚರಣೆ

ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ

೧೬.೦೪.೨೦೨೪ - ಸೆಮಿನಾರ್ ಹಾಲ್, ಸಿಟಿ ಕಾಲೇಜು,

ಜಯನಗರದ ಸಿಟಿ ಕಾಲೇಜಿನಲ್ಲಿ ಅಂಚೆಡ್ಕರ್ ಅವರ ಗಿಡಿಗಿನ ಜಯಂತಿಯನ್ನು ವಿಶೇಷವಾಗಿ ಆಚರಿಸಲಾಯಿತು. ಅಂದು ಅಂಚೆಡ್ಕರ್ ಅವರ ವಿಚಾರಗಳ ಕುರಿತು ಸಂವಾದ ಕಾರ್ಯಕ್ರಮವನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಡಾ. ಪುಟ್ಟರಾಜ್ ಪಿ ಅವರು ಅಂಚೆಡ್ಕರ್ ಅವರ ಪೋಟೋಗೆ ಪುಷ್ಪಾರ್ಚನೆ ಮಾಡುವುದರ ಮೂಲಕ ಸಂವಾದ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಚಾಲನೆ ನೀಡಿದರು. ಸಂವಿಧಾನಕ್ಕೆ ಅಂಚೆಡ್ಕರ್ ಅವರ ಕೊಡುಗೆ, ಮೀಸಲಾತಿಯ ಪೂರ್ವಾಪರ ವಿಚಾರಗಳನ್ನು, ಮುಖ್ಯವಾಗಿ ಸಂವಿಧಾನದಲ್ಲಿ ಎರವಲು ಪಡೆದ ಪರಿಕಲ್ಪನೆಗಳು, ಮೀಸಲಾತಿ, ಸಂವಿಧಾನವನ್ನು ಅಂಚೆಡ್ಕರ್ ಅವರು ಒಬ್ಬರೆ ಬರೆದರೆ?, ಹಿಂದೂ ಕೋಡ್ ಬಿಲ್ಲು ಎಂಬ ವಿಚಾರಗಳು ಚರ್ಚೆಗೆ ಬಂದವು. ಸಂವಾದದಲ್ಲಿ ಕಾಲೇಜಿನ ಅಧ್ಯಾಪಕರು ಪಾಲ್ಗೊಂಡಿದ್ದರು. ಸಂವಾದ ಕಾರ್ಯಕ್ರಮವನ್ನು ಡಾ. ಸಂಗನಗೌಡ ಶಿವಣಗಿ ಅವರು ನಡೆಸಿಕೊಟ್ಟರು, ಶ್ರೀಮತಿ ಭವ್ಯಕಲಾ ಅವರು ವಂದನಾರ್ಪಣೆಯನ್ನು ನಿರ್ವಹಿಸಿದರು.



  
ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ  
ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ  
ಸಿಟಿ ಕಾಲೇಜ್, ಜಯನಗರ  
ಬೆಂಗಳೂರು - ೫೬೦೦೭೦

  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70



No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka 560082

### World Environment Day Celebration

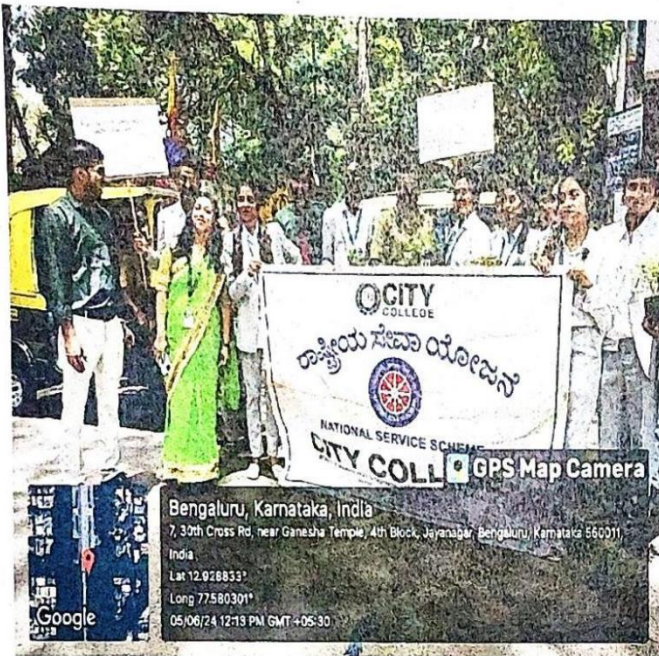
World Environment Day is the perfect occasion to explore the nature in the surroundings. On the occasion of 'World Environment Day', 5th June 2024, the NSS Students of the College joined hands with the rest of the world to commemorate this important day. In a spirited celebration of World Environment Day, students and faculty members of City College came together to distribute the sapling and provide awareness about planting a tree towards the environment to the general public. Crowded areas like Metro station, police station, 4<sup>th</sup> block jayanagar were the places where distribution of the sapling has been taken place. Total of 40 saplings were distributed by the Students. City College has taken this initiative so that no only the society but also students can be aware of protecting the environment in a proper manner.



*Just*  
ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ  
ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ  
ಸಿಟಿ ಕಾಲೇಜ್, ಜಯ ನಗರ  
ಬೆಂಗಳೂರು - ೫೬೦೦೮೨

*Principal*  
**Principal  
CITY COLLEGE**  
Jayanagar, Bangalore-70





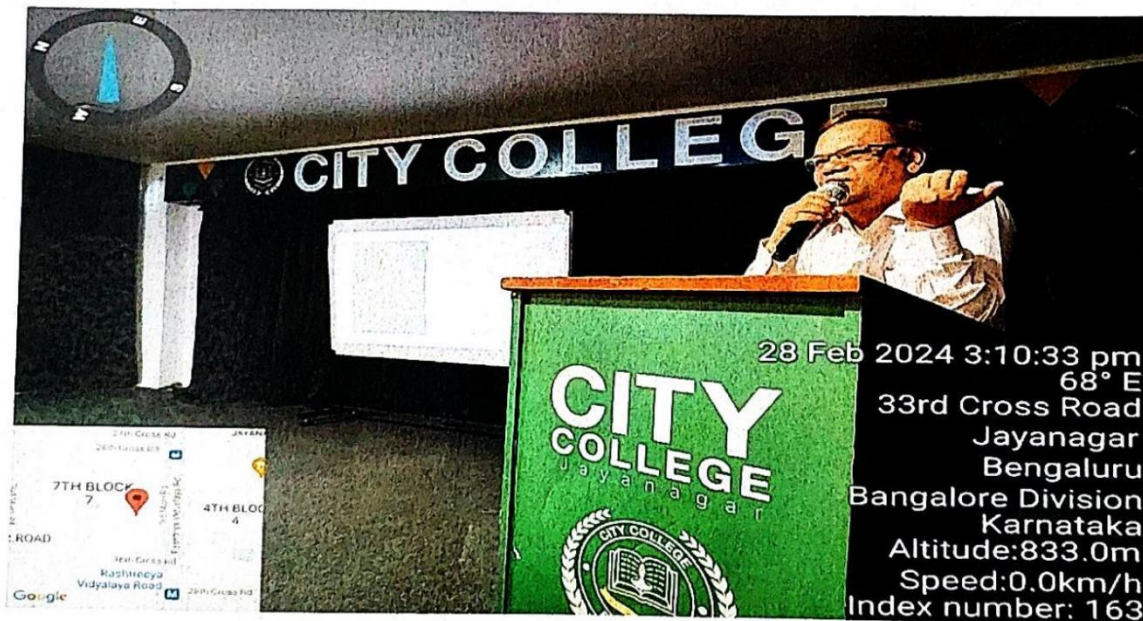
*[Handwritten Signature]*  
**PRINCIPAL**  
**CITY COLLEGE**  
 Jayanagar, Bangalore



# REPORT ON NATIONAL SCIENCE DAY CELEBRATIONS AT CITY COLLEGE-

## 28TH FEBRUARY 2024

National Science Day was celebrated with great enthusiasm at City College on the 28th of February 2024. The event commemorated the discovery of the Raman Effect by Sir C.V. Raman and aimed to promote scientific temper among all. The celebration featured a lecture by City college principal, Dr.Puttaraj. P with an inaugural ceremony attended by faculty members and invited guests. The principal delivered a welcome address, emphasizing the importance of science and the legacy of Sir C.V. Raman.



The lecture conducted, covered topics that included recent advancements in artificial intelligence and the concept of Scientific Spirit. These sessions provide valuable insights into cutting-edge research and developments.

The event not only honoured the contributions of Sir C.V.Raman but also fostered a spirit of inquiry and innovation, inspiring students to explore the endless possibilities that science offers. The celebration was a testament to the college's commitment to promoting scientific temper and nurturing future

*Puttaraj P.*  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70



scientists.



Report Prepared by,

Sabary A(BBA Aviation Department)Signature of Principal

.....

*Sabary A*  
Principal

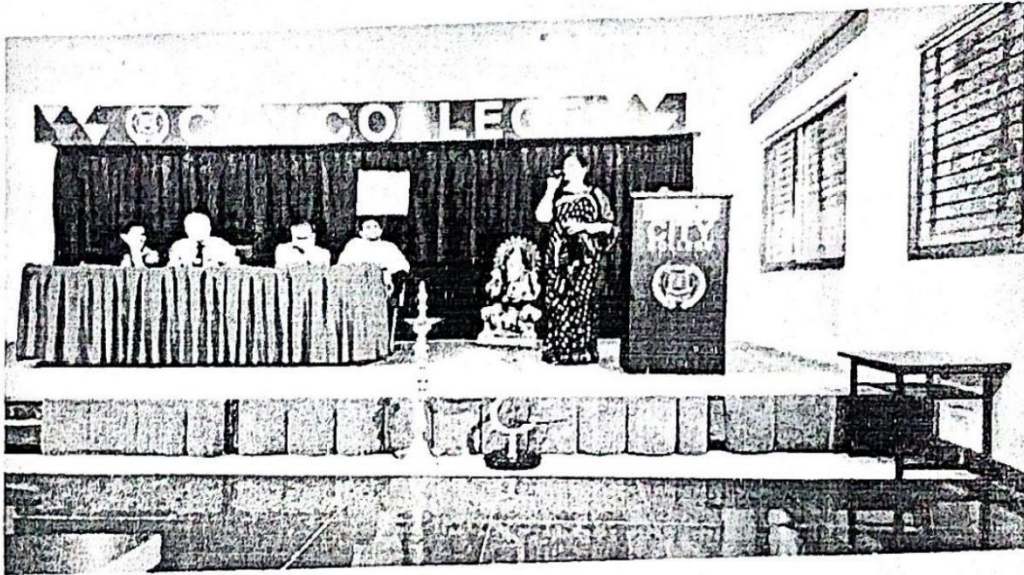
**CITY COLLEGE**

**Jayanagar, Bangalore-70**

CITY COLLEGE  
Jayanagar, Bangalore-70




# HINDI DIVAS



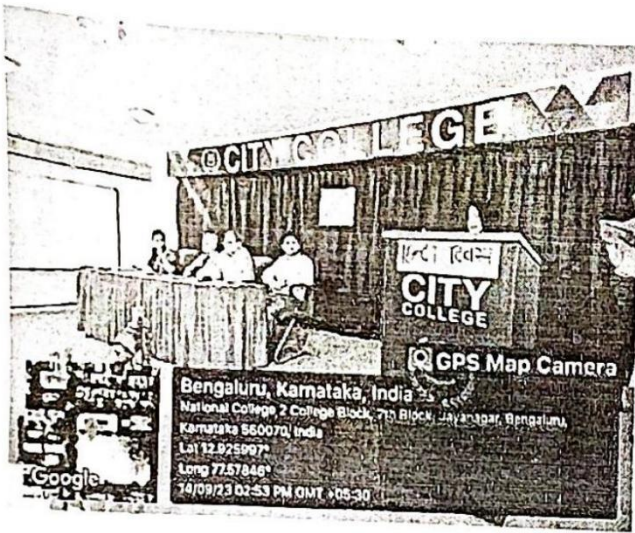
Cultural club @ City College Jayanagar celebrated Hindi Diwas with great zeal and enthusiasm on 14th September 2023. The event was graced by the presence of Dr. Puturaj, P , Principal of the Institution and Dr. Ranganathan. They delivered inspiring speeches on the importance of Hindi language and its role in our daily lives.



The program commenced with the lighting of the lamp by the guests. The highlight of the celebration was the Antakshari competition. It was a thrilling competition, and the students displayed their love for the Hindi language through music and lyrics. The competition was judged by a panel of experts. The celebration was concluded with a cake-cutting ceremony. The ceremony was held to mark the end of the event and to celebrate the students' participation in the activities organized and it was a perfect way to end the celebration on a sweet note.

  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-70





Overall, the event was a great success, and it helped in promoting the Hindi language and its cultural importance among the students. It was an excellent opportunity for the students to learn more about the language and its diverse culture.

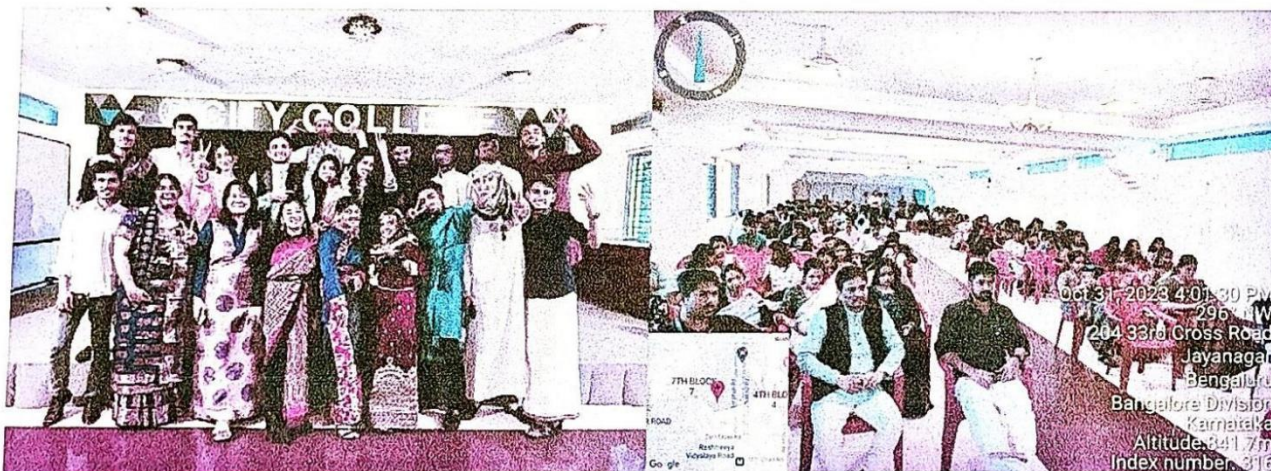
*[Signature]*  
**Principal**  
**CITY COLLEGE**  
Jayanagar, Bangalore-7<sup>th</sup>



## Rashtriya Ektā Divas Celebration at City College



On October 31st, City College resonated with the spirit of unity as it commemorated Rashtriya Ektā Divas in the college auditorium, paying homage to the birth anniversary of the stalwart, Sardar Vallabhbhai Patel, a key figure in India's political integration.



College Principal Dr. Puttaraj and PUC Principal Dr. Ranganathan set the tone for the celebration, reflecting on the historical significance of Sardar Vallabhbhai Patel's contributions. The heart of the event lay in the vibrant display of unity in diversity as students embraced the cultural mosaic of India, donning ethnic attires representing various states, cultures, and ethnicities.

The gathering witnessed a cultural extravaganza, with faculty and students showcasing their talents through songs, dances, and various cultural performances. This memorable day not only



Edit with WPS Office

*Puttaraj*  
Principal  
CITY COLLEGE

Jayanagar, Bangalore-79

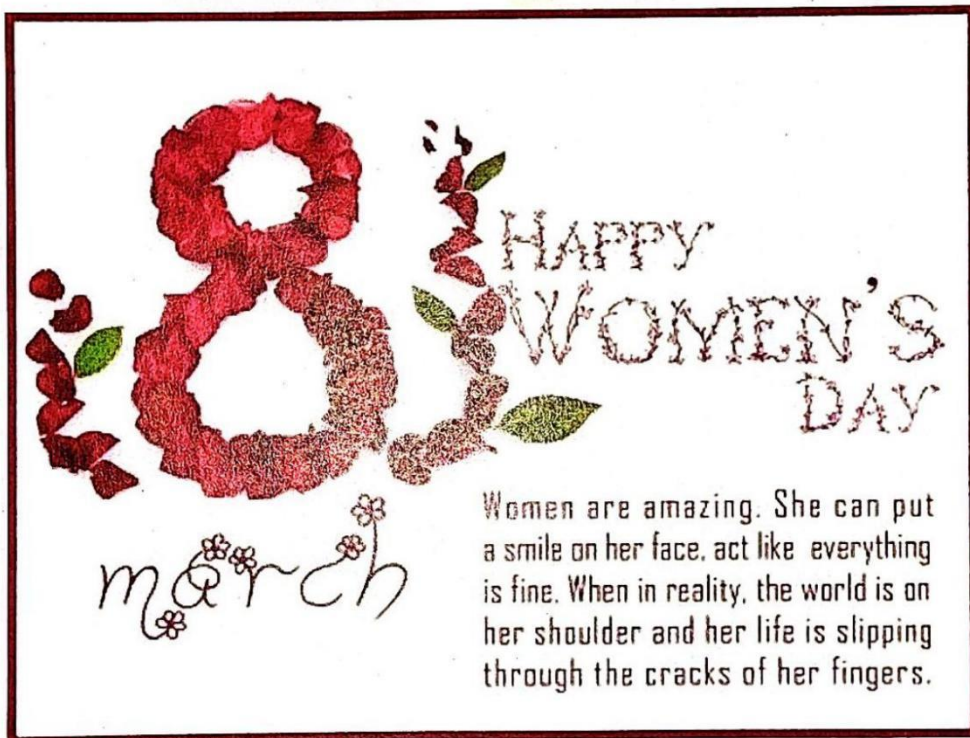


showcased the rich tapestry of India's diversity but also served as a heartfelt tribute to Rashtriya Ekata Divas, reinforcing the importance of unity amid the nation's cultural richness



*[Handwritten Signature]*  
**Principal**  
**CITY COLLEGE**  
**Jayanagar, Bangalore 70**

**REPORT  
ON  
WOMEN'S DAY CELEBRATION**




**CITY COLLEGE**

**DATE: 08-03-2024**

**VENUE: SEMINAR HALL**

**TIME: 03:00PM TO 04:30PM**

  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-7



## **Title:- Women's Day Celebration**

**Date:- 08/03/2024**

**Venue:- SEMINAR HALL**

**Beneficiaries:- UG & PG STUDENTS**

**Participants:- Teachers and students**

**Activities Performed: - Speech by the principal and other coordinators**

- **Significance/need**

*Keeping in view the growing imbalance in the man-woman ratio, we have to emphasize focusing on celebrating and welcoming girl child. To get rid of vicious social customs of dowry system responsible for killing of girl child, the status of women shall have to be enhanced.*

*The International Women's Day was celebrated at City College on 8<sup>th</sup> March, 2024. The purpose of celebrating Women's Day is – **To raise awareness about the status and dignity of women among the students and Teachers .***

*[Signature]*  
Principal  
CITY COLLEGE



At the beginning of program our respected Principal sir Dr. Puttaraj P, gave a short speech on Women's Day. Later stage of the program all other teachers shared their thoughts regarding the women's day.

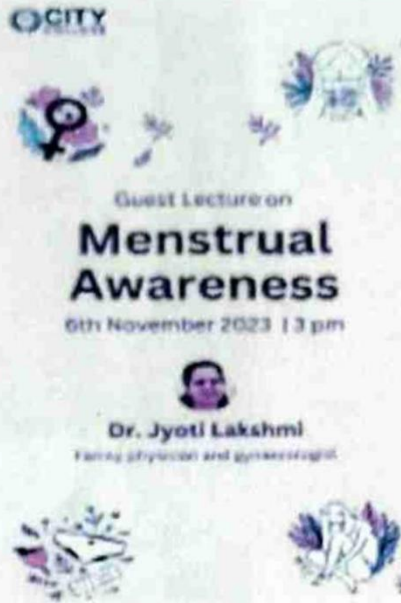


*[Signature]*  
IBM  
9/03/2024  
Program Co-Ordinator

*[Signature]*  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore  
Principal

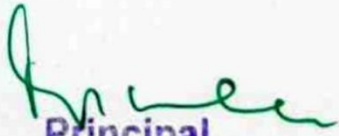


# City College Hosts Insightful Menstrual Awareness Guest Lecture



On November 6th, City College took a significant step towards health education by organizing a guest lecture on Menstrual Awareness at the college auditorium. Dr. Jyoti Lakshmi, a practicing family physician and gynecologist, served as the resource person, imparting valuable knowledge about menstrual health to an attentive audience comprising Principal Dr. Puttaraj, dedicated faculty, and engaged students. The program was a grand success, reinforcing the college's commitment to holistic well-being and informative initiatives.



  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70

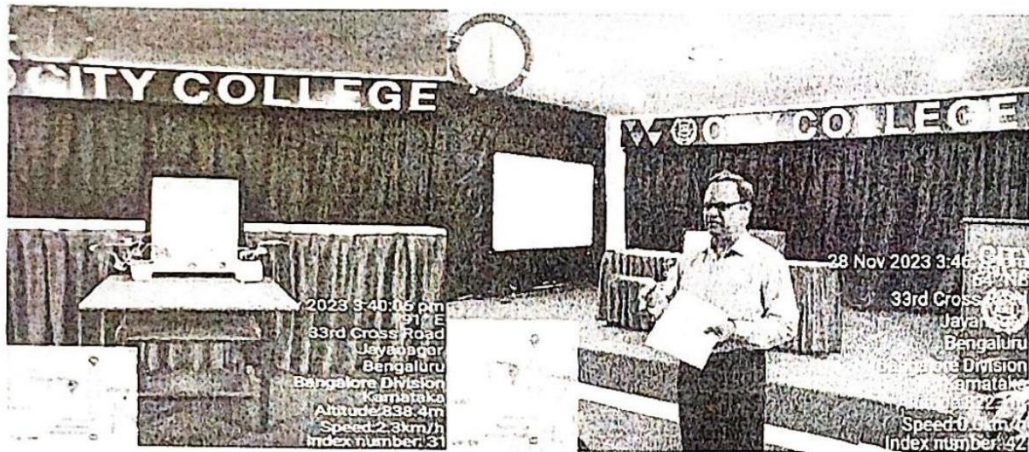




*[Handwritten Signature]*  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70



## Constitution Day Commemoration at CITY College Jayanagar



CITY College Jayanagar celebrated Constitution Day on November 26th at the college seminar hall, marking a significant occasion to honor the adoption of the Indian Constitution. The event was graced by the presence of Dr. Puttaraj, the college principal, who led the commemoration. The ceremony commenced with Dr. Puttaraj reciting the oath of Constitution Day, setting a solemn tone for the proceedings. Faculty members, demonstrating their deep respect for the constitutional values, took the oath in unison.

Following the oath-taking ceremony, Dr. Puttaraj delivered an exclusive lecture on the Indian Constitution, delving into both its historical significance and its relevance in the contemporary socio-political landscape of India. The lecture provided valuable insights into the foundational principles that guide the nation, enlightening the audience on the intricate aspects of our constitutional framework.







No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

Department of Computer Application

Report on Workshop on cyber security

Date: 21-07-2021

Venue: Seminar hall

The banner features the City College logo at the top center. Below it, a photograph shows three individuals seated at a long table covered with a dark cloth. To the left of the table, a presentation screen displays the text 'SOCIAL MEDIA & CYBER SECURITY' with a green arrow pointing to the right. The entire banner is framed with a yellow border.

*Workshop on*  
**CYBER SECURITY FOR BCA STUDENTS  
HELD IN ASSOCIATION WITH  
TECHBYHEART INDIA Pvt. Ltd**

**GUEST PERSON**

Mr. Sreenath Gopinath B.Tech - MBA (Associate member  
of National cyber safety & security standard new Delhi)  
Director & CMO - techbyheart India PVT LTD, Kochi

*Jasveer*  
**Principal**  
**CITY COLLEGE**  
Jayanagar, Bangalore-70



## Objectives:

- To understand various types of cyber-attacks and cyber-crimes
- To learn threats and risks within context of the cyber security
- To have an overview of the cyber laws & concepts of cyber forensics
- To study the defensive techniques against these attacks

## The Speaker

Mr. Sreenath Gopinath Btech-MBA ( Associate member of national cyber safety & security standard new Delhi)

## Summary of the Webinar

1. Safety & Security in:
  - Current Online Frauds
  - Virtual Classrooms
  - Smartphones
  - Social Media
  - Digital Payments
2. Screen Time/ Online Gaming
3. Cyber Laws



  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-70







No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

Report on Cyber security webinar

A poster for a webinar. The background is dark with a grid pattern. The text is white and yellow. At the top, it says 'TECHPIONEERS' in large letters, followed by 'COMPUTER SCIENCE SOCIETY'. Below that, 'Presents' in a cursive font. A central box contains 'LIVE WEBINAR'. Below that, 'on' in a small font, followed by 'CYBER SECURITY' in large letters. Underneath, '-By Rakshit Tandon'. The date and time are 'DATE: 4<sup>TH</sup> MAY, 2020' and 'TIME: 03:00 PM'. At the bottom, a box contains 'REGISTER NOW !!' and a QR code. Below the box, the link 'LINK: https://forms.gle/vHTBHsxBrdYSrgwRA' is provided.

**TECHPIONEERS**  
COMPUTER SCIENCE SOCIETY  
*Presents*  
**LIVE WEBINAR**  
on  
**CYBER SECURITY**  
-By Rakshit Tandon  
**DATE: 4<sup>TH</sup> MAY, 2020**  
**TIME: 03:00 PM**  
**REGISTER NOW !!**   
LINK: <https://forms.gle/vHTBHsxBrdYSrgwRA>

Tech Pioneers, the Computer Science department of City College, Jayanagar Bangalore organized a Webinar on “Cyber Security”, on 4th May 2020. The speaker, Mr. Rakshit Tandon, is a renowned Cyber Security Expert.

The session saw an overwhelming response with 305 registrations from students, faculty and non-teaching staff from various colleges.

A total of 105 participants participated in the webinar. Due to limitation of the platform used, many participants were unable to participate.

  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70



A total of 105 participants participated in the webinar. Due to limitation of the platform used, many participants were unable to participate.

## **Objective**

The webinar was organized with the objective to:

- ❖ Acquaint the participants with the prevailing cyber security threats.
- ❖ Educate the participants about the safety and security measures to adopt while using the internet and various applications.

## **The Speaker**

Mr. Raksit Tandon has done a Master's in Computer Science, is an ethical hacker, and a certified Computer Forensics Expert from Brain bench USA. He has spent two decades in the field of cyber security. Mr. Tandon is an Advisor- Cyber Crime Unit, Uttar Pradesh Police and Haryana Police.

## **Summary of the Webinar**

The session named "Cyber Surakshit", began with discussion about the latest cybercrimes being committed around the country. The second half of the session revolved around the precautions that must be taken during online payments and password protection. He suggested using 2-Factor authentication while using apps.

In these times of Covid-19 and the subsequent lockdown, the speaker advocated doing information distancing and being a digital cough.

The participants were able to get an insight into the digital area and what precautions are necessary.

The webinar concluded with a questions and answer session. Mr Rakshit Tandon satisfactorily answered all questions related to cyber security

Some questions asked were:

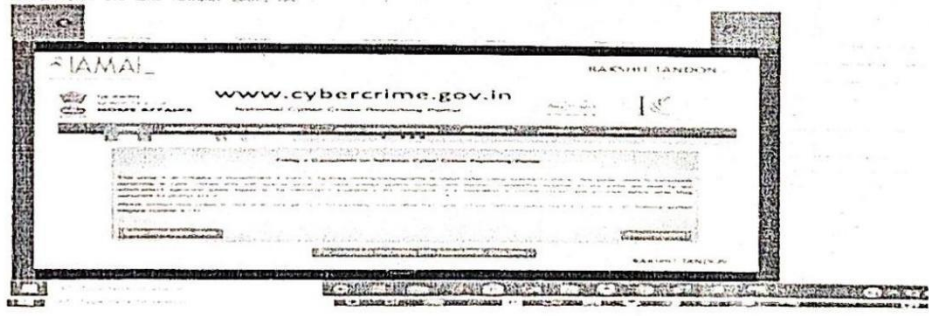
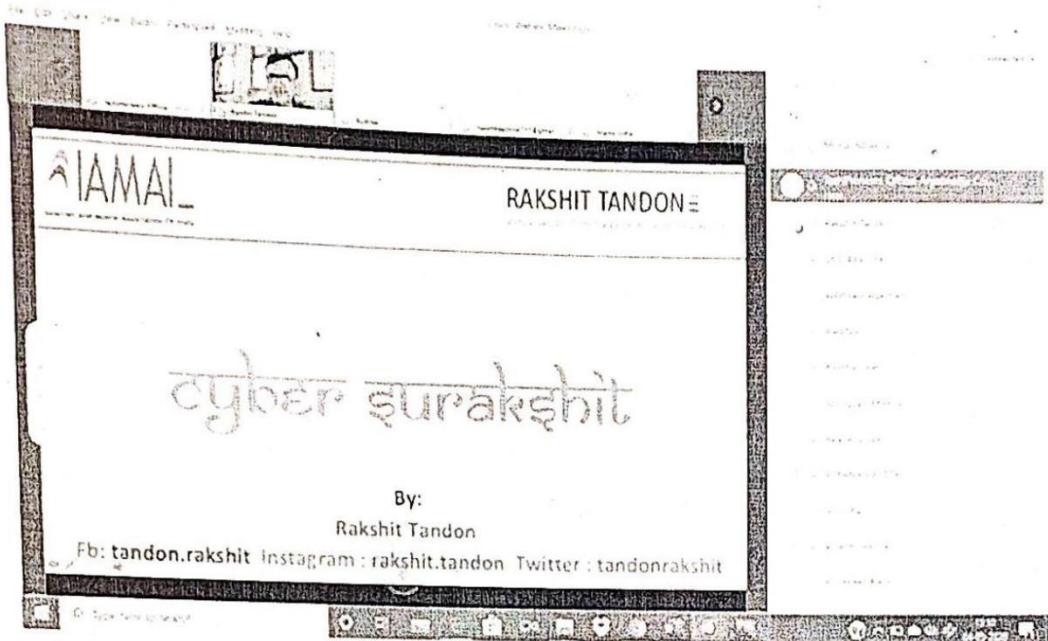
- ❖ "How to check that ATM machine we are using is free from any theft activity? "
- ❖ "I have heard that zoom app is not safe for online classes so how can we know about which app is safe and etc. "
- ❖ How can we keep our Smartphone safe from threats n viruses?
- ❖ Is SSL Safe?

It was an informative seminar, which was truly appreciated by participants. We look forward to organizing a workshop, conducted by Mr Rakshit Tandon, in the near future.


  
**Principal**  
**CITY COLLEGE**  
**Jayanagar, Bangalore-7A**



Some glimpses of the session...



  
Event organiser

  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70

  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70





No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

## REPORT

### Self Defence Training Programme

Event- Workshop on Self Defense Programme for Girl Student

Date- 27<sup>th</sup> October 2020

Timing- 11 AM- 12 PM

Participation: BBA

Faculty Convener- Masrifa Moorthy

Venue: Online Classroom

#### Objectives:

1. To educate the girl students about the different types of violence against them.
2. To provide knowledge about the different steps of self-protection to keep in mind in different situations.
3. To show case and give emotion different self-protection techniques.

#### Purpose of the Workshop:

The need of the hour for the girls and women in the society is to safeguard themselves against violence committed against them. It is felt that Student Welfare along with NSS can strengthen the growth of students for their self-protection and women empowerment through a workshop of Self Defence.

#### Inaugural Session:

The workshop started with an inaugural speech by Shilpa Channarashekar, Department of Management, she highlighted the key points because such kinds of workshops are required to sensitize our girl child/students to self-protect themselves in public places as well as at home. She also pointed out that this is the demand of the hour as we can relate ourselves to the news items of domestic violence, eve-teasing cases and other severe forms of violence against women and children which is pouring in on a day-to-day basis.

#### The Demonstration Session:

After the inaugural session and a felicitation ceremony, demonstration of the self-defence technique followed through some videos:

The tips she elaborated on how to self-protect and defend are:





**Jayanagar, Bangalore-7n**




**First tip:** Prevention is the best self-defence- Attackers, whatever their objectives, are looking for unsuspecting, vulnerable targets. So be sure to follow general safety tips like being aware of your surroundings, only walking and parking in well-lit areas, keeping your keys in hand as you approach your door or car, varying your route and times of travel, and other personal security precautions. Apart from avoiding confrontation, if you can defuse a situation (talk someone down from physically assaulting you) or get away—by handing over your wallet/purse or whatever they want, do that. Hand over your money rather than fight. Nothing you own is worth more than your life or health. If violence is unavoidable, however, to really defend yourself, you'll want to know ahead of time how to fight back effectively—it's possible even against someone bigger or stronger than you.

**Second tip:** Get Loud and Push Back-As soon as the attacker touches you or it's clear that escape isn't possible, shout loudly (—BACK OFF!!) and push back at him or her. This does two things: it signals for help and it lets the attacker know you're not an easy target. It may not dissuade all attackers, but getting loud will warn off those that were looking for easy prey.

**Third tip:** Remember the Most Effective Body Parts to Hit-When you're in a confrontation, you only have a few seconds and a few moves to try before the fight may be decided. Before an attacker has gained full control of you, you must do everything you can— conserving as much energy as possible—to inflict injury so you can get away. So aim for the parts of the body where you can do the most damage easily: the eyes, nose, ears, neck, groin, knee, and legs. Depending on the position of the attacker and how close he is will determine where you will strike and with what part of your body you will employ. Do not step in closer, say, to strike his nose with your hand, when you can reach his knee with a kick.

**Eyes:** Gouging, poking, or scratching the attacker's eyes with your fingers or knuckles would be effective, as you can imagine. Besides causing a lot of pain, this should also make your escape easier by at least temporarily interfering with his vision. **Nose:** If the attacker is close in front of you, use the heel of your palm to strike up under his nose; throw the whole weight of your body into the move to cause the most pain and force him to loosen his grip on you. If he's behind you, you can strike his nose (from the side or front) with your elbow. Either way, aim for the nasal bones.

**Neck:** The side of the neck is a bigger target, where both the carotid artery and jugular vein are located. You could possibly temporarily stun your attacker with a knife hand strike (all fingers held straight and tightly together, with thumb tucked and slightly bent at the knuckle) at the side of the neck.

  
**Principal**  
**CITY COLLEGE**  
**Jayanagar, Bangalore-70**

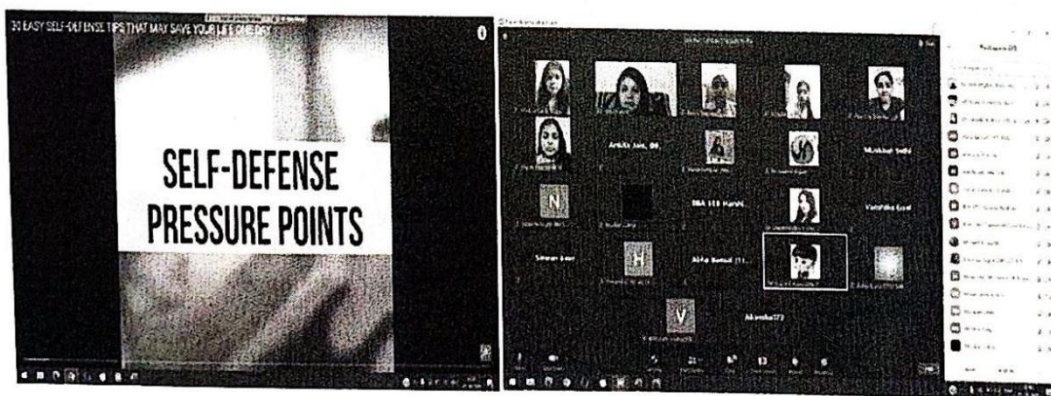


**Demo on how to use arms Use of fist for self- defense when attacked from front**

**Knee:** Knee is an ideal self-defense target, vulnerable from every angle and easily kicked without risk of your foot being grabbed. Kick the side of the knee to cause injury or partially incapacitate your attacker. Kicking the front of the knee may cause more injury but is less likely to result in imbalance.

**Use your elbows, knees, and head.** Those are the parts of the body that are most sensitive when hit. Now here are the parts of the body used most effectively for inflicting damage: your elbows, knees, and head (they're your body's bony built-in weapons).

**Use everyday objects.** Everyday objects you carry around with you or things in your environment can also be used to your advantage as weapons. Hold a key or pen between your middle and ring finger while you're walking home in the dark for more assurance. Outdoors, you can toss some dirt or sand into your attacker's eyes. Women are often told to spray perfume or hairspray into an assailant's eyes. The point is, use whatever you can to make your defense stronger (for more inspiration, watch some Jackie Chan movies).



**Training Sessions for Students**

*[Handwritten Signature]*  
**Principal**  
**CITY COLLEGE**  
**Jayanagar, Bangalore-7A**



## **Learning Outcome:**

The learning outcomes from the workshop on Self Defence Programme are:

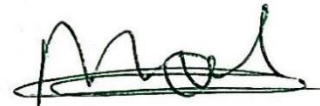
1. The students learnt about the different kinds of violence that may be faced by girls or by women in any place including at home.
2. The student participants got different self-protection tips on how to avoid/defend by attacking a potential attacker by using objects or by striking on the soft spots of the attacker, when subjected to physical abuse, violence, crime, etc.
3. The workshop concludes with a note on the promise from both the sides that these kinds of workshops will be continued in the times to come.



**Program Co-ordinator**



**Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70**



**Principal**



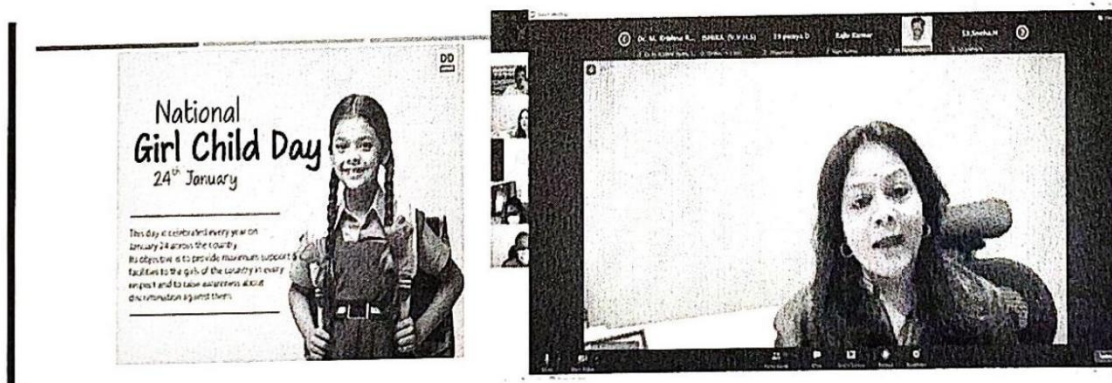
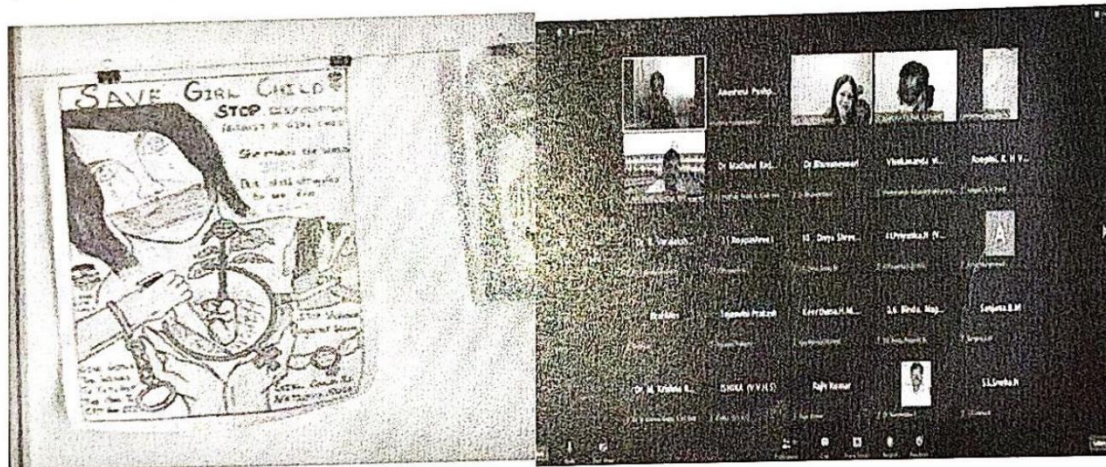
No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

Academic year 2020-21

### Report on "National Girl Child Day" event

City college Jayanagar Celebrated "National Girl child day on virtual mode through a webinar on 'Take care of Your Girl Child and She will Take care of the World', on 24-01-2021

The national girl child day is celebrated in India on 24th January every year. It was introduced by the ministry of women and child development in the year 2008 to create the awareness of gender-based discrimination, inequality of girl child and to save girl child. which was attended by about 110 participants.



*[Signature]*  
Program Co-ordinator

*[Signature]*  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-70

*[Signature]*  
Principal





No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka 560082

**REPORT OF SPECIAL LECTURE ON M. DEVI'S "MOTHER OF 1084".**

On 2nd June 2024, the Department of English at City College Jayanagar conducted a special lecture

for 4th semester BCA students on M. Devi's "Mother of 1084." The lecture was delivered by An

Shaji, the former coordinator of the Department of English. Shaji provided an insightful

exposition of the novel, discussing its themes of grief, political unrest and the personal impact of

social turmoil. He also delved into the emotional and psychological aspects of the characters,

particularly focusing on the protagonist's journey and the historical context of the narrative.

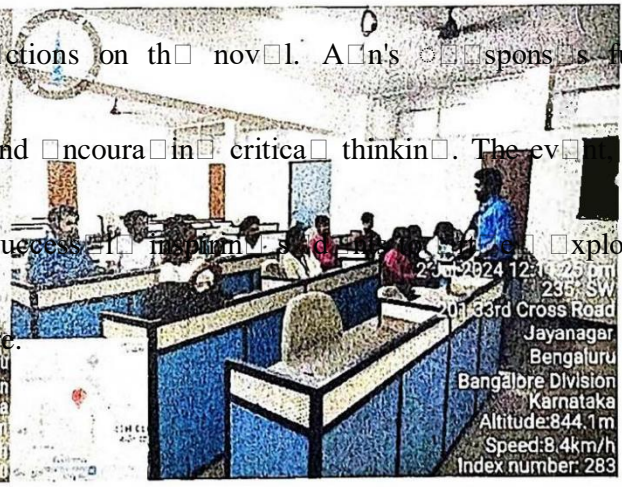
The session concluded with an engaging Q&A segment, where students actively participated in

questions and shared their reflections on the novel. An's sponsorship further enriched the

discussion, offering deep insights and encouraging critical thinking. The event, organized by the

Department of English, was highly successful in providing an exploratory and

comprehensive look at the Indian literature. Bangalore Division Karnataka Altitude: 844.1m Speed: 8.4km/h Index number: 280



*[Signature]*  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-75

*[Signature]*  
30/06/2024



## DEBATE AND GROUP DISCUSSION

### REPORT ON DEBATE AND GROUP DISCUSSION SESSION

**TOPIC: Should women get reservations in jobs and educational institutions?**

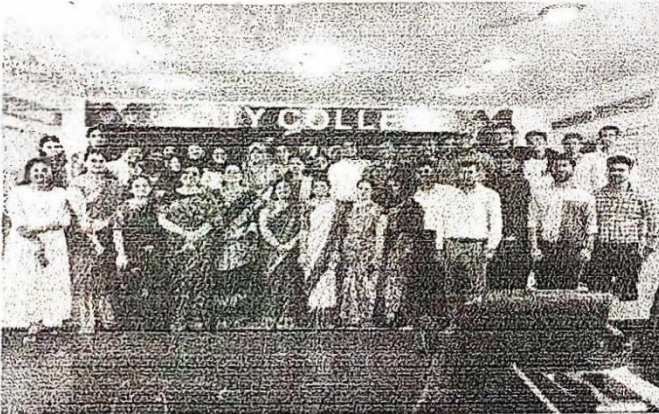
**DATE :07-08-2019**

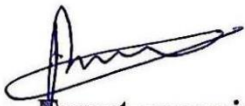
**VENUE: Examination Hall**

**TIME: 1.30 PM to 3.00 PM**

#### Key Points discussed in the session

1. Women occupy at least 33 per cent of the seats in state legislative assemblies and the Lok Sabha, the lower house of Parliament.
2. It was far below the global average of 26.5 per cent, or the Central and Southern Asia average of 19 per cent.
3. The bill's passage "is a historic day", said Asha Bajpai, a former founding dean and law professor at the Tata Institute of Social Sciences in Mumbai, who is now a visiting faculty member.



  
Event organiser

  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-70

  
Principal

9/08/2019





No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070



**CITY  
COLLEGE**

(Affiliated to Bangalore University Approved by AICTE, New Delhi)

*Cordially invites you to celebrate  
International Women's Day*

**Chief Guest**

**Ms Sowmya Reddy**  
Member, Karnataka Legislative Assembly

Date: 07th March 2020  
Time: 11AM Onwards

**Guest Of Honour**

**Dr K R Paramahamsa**  
Chairman, AMC-City Group

**Smt Geetha Paramahamsa**  
Vice-Chairperson, AMC-City Group

**Mr Rahul Kalluri**  
Executive Vice President, AMC-City Group

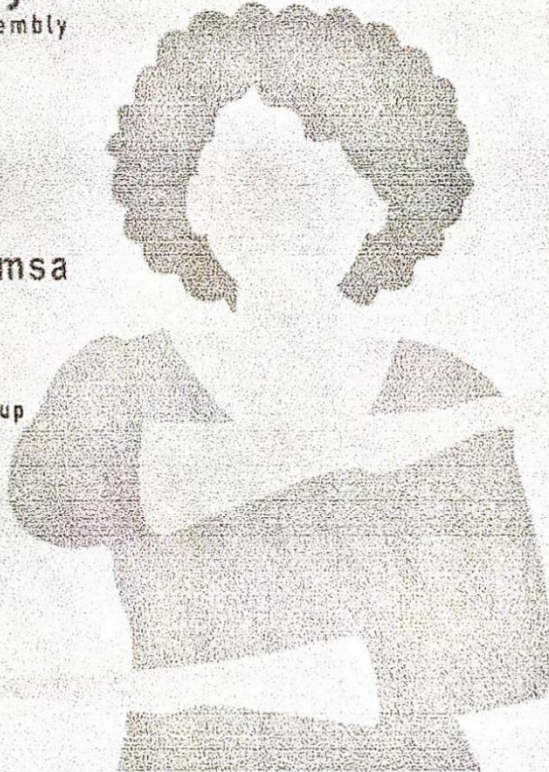
**Presided By**

**Ms Monica Kalluri**  
Vice President, AMC-City Group

**Looking Forward**

**Dr Malini N**  
Director And Principal, City College

**Staff and Students**  
AMC-City Group



Lunch and Cultural Activities To Follow

Seminar Hall, City College, Jayanagar

AMC

*Malini N*  
Principal

**CITY COLLEGE**  
Jayanagar, Bangalore-70



Keeping in view the growing imbalance in the man-woman ratio, we have to emphasize focusing on celebrating and welcoming girl child. To get rid of vicious social customs of dowry system responsible for killing of girl child, the status of women shall have to be enhanced.

The International Women's Day was celebrated at City College through on 7th March, 2020. The purpose of celebrating Women's Day is – **To raise awareness about the status and dignity of women among the students and Teachers.**

At the beginning of program our respected Principal sir Dr.Malini N, gave a short speech on Women's Day. Later stage of the program all other teachers shared their thoughts regarding the women's day.



  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-7A

  
9/03/2020





No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

## DEBATE AND GROUP DISCUSSION

Quiz competition "GANDHI FREEDOM STRUGGLE"

### LIST OF EVENTS

SL NO	DATE	DAY	EVENT AND TOPIC	CO-ORDINATORS
1	14.10.2019	MONDAY	ART COMPETITION "MAHATMA GANDHI"	Maheshwari and Pavithra
2	15.10.2019	TUESDAY	QUIZ COMPETITION "GANDHI FREEDOM STRUGGLE"	Abhinav and Gagana
3	16.10.2019	WEDNESDAY	SEMINAR - "1). GANDHIAN THOUGHTS 2). PLASTIC BAN"	Sana and Gowtham
4	17.10.2019	THURSDAY	DEBATE - "ARE GANDHIAN VALUES APPLICABLE IN TODAY'S ERA?"	Bhavana and Wasim


We warmly Welcome

Dr. Malini, Principal

NSS program officer, Ms. Lavanya

Student Co-ordinators, Badari Narayanan and Group leaders

*The Future Depends on what we do in the present.*

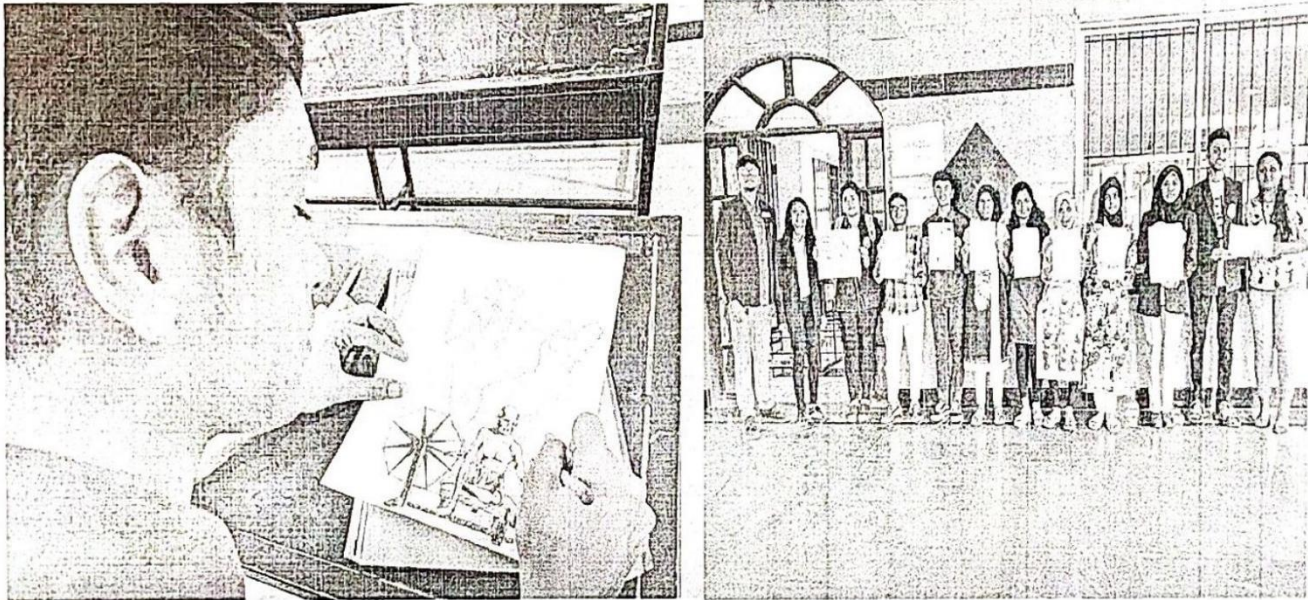
  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore.

Date :15-10-2019

Venue: Examination hall

On behalf of Gandhi Jayanthi city college has organised a quiz competition for the students where students are actively participated in the competition.

Along with quiz competition college has also organises a Art competition for the students whereas students are going to draw the Gandhi photo.



  
18.10.2019  
Program Co-ordinator

  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-70

  
Principal





No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

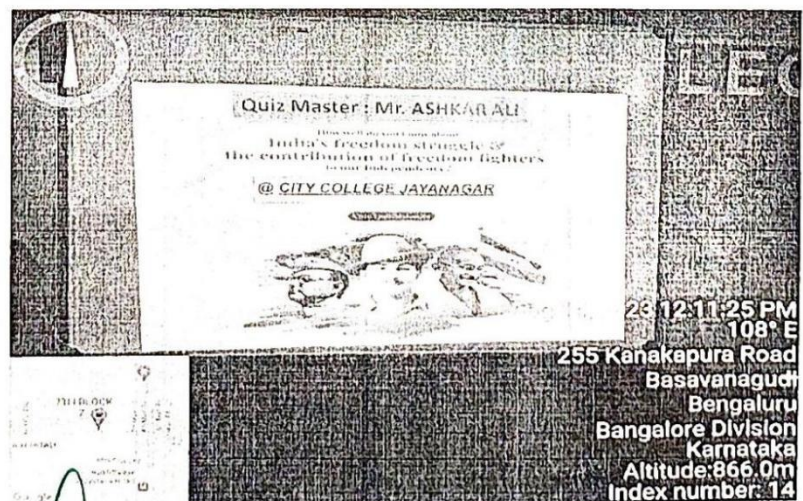
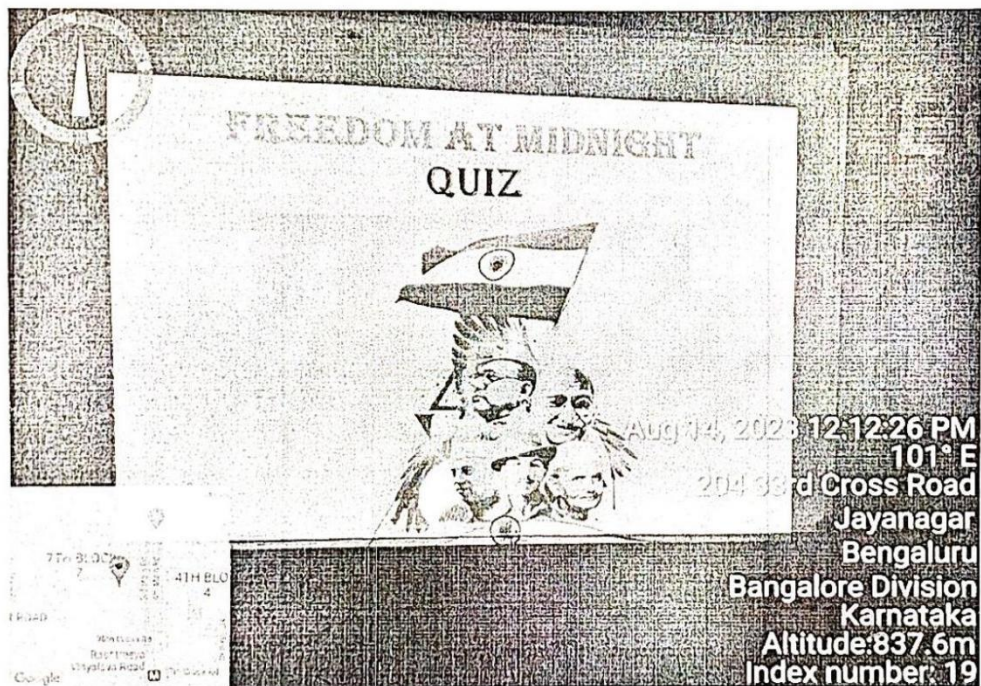
## DEBATE AND GROUP DISCUSSION

### FREEDOM AT MID-NIGHT

Date: 14-09-2023

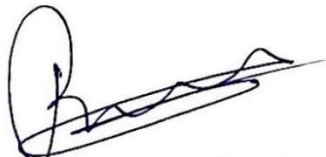
Venue: Seminar hall


The quiz competition conducted by the department of English was endeavoured to inculcate the national pride and spirit among the students' celebrations.



*Principal*  
**Principal**  
**CITY COLLEGE**  
**Jayanagar, Bangalore-70**



  
Event coordinator

  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-70

  
Principal  
**CITY COLLEGE**  
Jayanagar, Bangalore-70





No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

**REPORT ON THE EVENT OF BLANKETS AND CLOTHES DISTRIBUTION  
TO POOR AND NEEDY PEOPLE**

18<sup>th</sup> December, 2022. In this winter season, City college Jayanagar has distributed around 120 blankets and 500 of clothes to the most poor and needy people including children and old citizens, in the Jayanagar area, near Southend Circle. The clothes were distributed among poor people on 18<sup>th</sup> December, 2022 from the program coordinators, Teaching faculties and Students.

The beneficiaries after receiving the warm blankets and clothes extended great thanks to the City college for giving their kind support and saving the life in severe coldness, as we should always remember that **"Giving is not just about making a donation."**



*Sarapa*

*Grace*  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70

*[Signature]*  
Principal

No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

**Topic: - Report on Orphanage Visit**

As a part of social activity City college students and the team visited **AMRUTHA SHISHU NIVASA**, Bull temple road Basavanagudi on 26<sup>th</sup> August 2022. The team members carried some goodies and Chocolates to create bond with the students. Even they carried some crayons, water colours, pens, pencils for the kids to make them carry out some fun activities and engage them. Fresh Fruits were provided to them. Students are actively participated in this event and felt happy movement with those children. The Goodbyes were hard and left the Orphanage with a mixture of good feelings and sad emotions. The visit encouraged to do more for the needy and help them. The experience was very memorable. It was an unforgettable Movements for all.



*Saranga*

*J. M. S.*  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70

*[Signature]*  
Principal





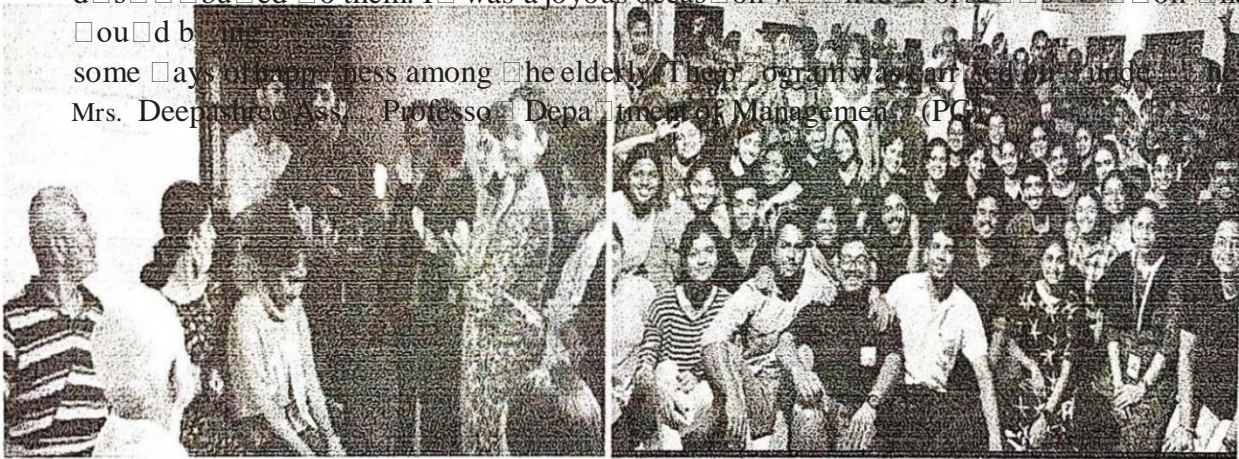
No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka- 560070

**Report on old age home visit**

As part of the Health and Social Welfare extension activities of City College 2019-2020, a visit to SAI

**OLD AGE HOME** A main road, Krishna Rajendra Rd Tata Sankh Farm, Basavanagud, Bengaluru, Karnataka 560004 was organized on 11.11.2020 from 4.00 - 6.00 PM. There were 14 elderly inmates (seven each male and female) at the old age home. The students of the college interacted with the elderly followed by an entertainment program with music, a

songs, and dance. The inmates were very happy and blessed everyone. Laughs, fruits were distributed to them. It was a joyous occasion with full of satisfaction on the part of the students. Some days of happiness among the elderly. The program was carried out under the guidance of Mrs. Deepshree Ass. Professor, Department of Management (PG)



13/11/2020



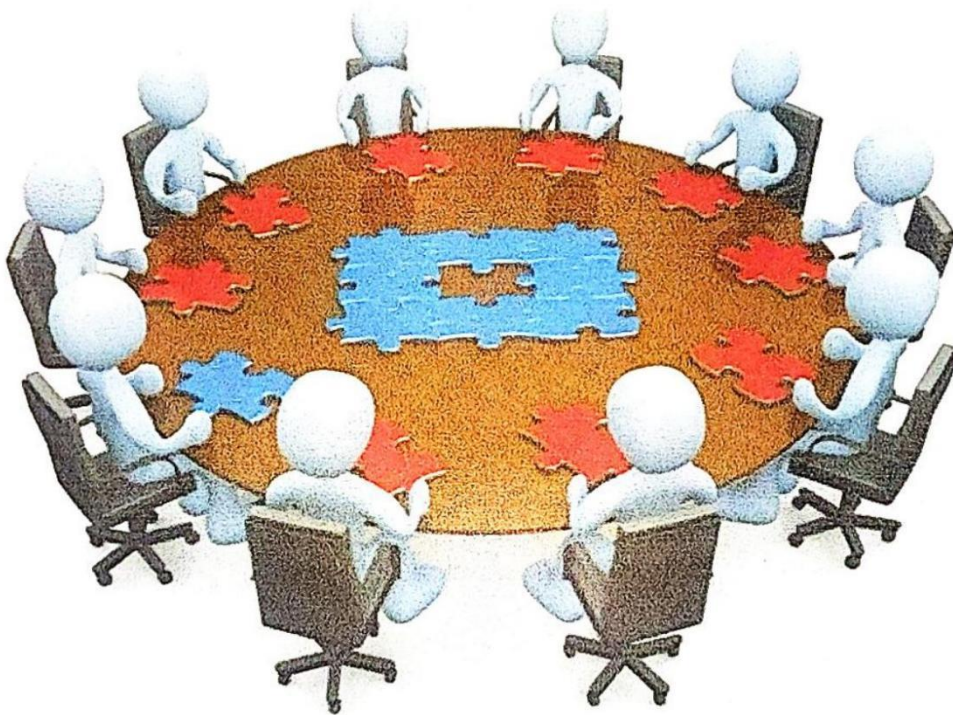
**CITY COLLEGE**

**Jayanagar, Bangalore**




No. 27/2, 33rd Cross, 2nd Main Rd, 7th Block, Jayanagar, Bengaluru, Karnataka 560070

## DEBATE AND GROUP DISCUSSION



TOPIC: IS DIGITAL CONNECTEDNESS  
IS GOOD OR BAD

VENUE: SEMINAR HALL

  
Principal  
CITY COLLEGE  
Jayanagar, Bangalore-70



## REPORT ON DEBATE AND GROUP DISCUSSION SESSION

**TOPIC: IS DIGITAL CONNECTEDNESS IS GOOD OR BAD**

**DATE :10-03-2024**

**VENUE: Seminar Hall**

**TIME:2.00 PM to 4.00 PM**

### **MOCK DEBATE PARTICIPATION**

#### **For the motion speaker**

Slnno	Student name	Course
1	Bittu prasad	VI BBA
2	Rashmi	VI BBA

#### **Against the motion speaker**

Slnno	Student name	Course
1	Keerthi raj	VI BBA
2	Abhishek	VI BBA

#### **Presenter for the debate**

Slnno	Student name	Course
1	Sanjay R	IV BCA (English)
2	Lokesh v	IV BCA (kannada)

#### **Panel members**

Slnno	Teacher name	Course
1	Roopa shree TV	Assistant professor department of commerce
2	Sarita vittal	Assistant professor department of MCA

**Moderator: Bhavyakala HV**

  
Principal

**CITY COLLEGE**  
Jayanagar, Bangalore-70

## Highlights

The session began with Mr. Arun, assistant professor of English introducing the participants to the audience and elaborating the debate rules and scoring methods used.

Mr. Sanjay R BCA 4<sup>th</sup> semester introduced the topic to everyone in English

Mr. Lokesh V from BCA 4<sup>th</sup> semester introduced the topic to everyone in kannada

## Key Insights gained during the session

Digital Connectedness

Are we digitally connected?

One one hand data says,

500 million + internet users in India

- 2/3<sup>rd</sup> of Indian's internet users is in the age group of 12-29 years
- 7 hours+ they use the mobile phone

Other side

- Covid 19- education-small boy or girl who would have no access to it.
- When we were posting about dalgona coffee, there were people in rural place who had no idea about it.
- Byjus grew 5times profited.



  
FACULTY COORDINATOR

  
PRINCIPAL  
CITY COLLEGE  
Jayanagar, Bangalore-7<sup>th</sup>